

Everyday Holiness The Jewish Spiritual Path Of Mussar Alan Morinis

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Everyday Holiness The Jewish Spiritual Path of Mussar Alan Morinis Trumpeter Boston & London 2007 everyday holiness final 3/14/07 3:13 PM Page iii

Everyday Holiness The Jewish Spiritual Path of Mussar Alan Morinis and Seymour Boorstein Friday, June 29, 7:30 p.m. services Saturday, June 30, times to be announced Congregation Beth Ami We seek true wisdom wherever it is to be found, and one powerful source lies in Mussar, which is a 1000-year-old Jewish

1" Everyday"Joyful"Living"" American"Mussar"Workshop" Greg"Marcus,"PhD." "Week"1:"Humility" May"9,"2018" IntroducIon" • American"Mussar"is"a"path"of"personal"

TORAH STUDY - Religious Life Close window Print this page MARILYN HAWKES Alan Morinis, founding director of the British Columbia-based Mussar Institute, has contemporized the "Everyday Holiness: the Jewish Spiritual Path of Mussar," and study on their own, according to Sharona Silverman, director of Temple Chai's Deutsch Family

Everyday Holiness: The Jewish Spiritual Path of Mussar, Alan Morinis cites and explains traditional sources on Mussar. He teaches us to maintain a balance between ourselves and the world around us, in which we strive to recognize how intricately we are interde-pendent on everything else. This humble balance forms the heart of all art forms and

Alan Morinis is the founder and dean of the Mussar Institute, and has been credited as the leader of the revival of Mussar in the non-Orthodox community. The institute defines Mussar as a Jewish path of character development and spiritual growth leading to awareness, wisdom and transformation.

[Everyday Holiness, Morinis, pg. 41] Rather, as we aspire to become our higher, holier and menschier selves, tending to what our spirits need, we kindle the sacred spark inside, enabling us, by the way we live our lives, to be bearers of light. J: Mussar is the spiritual life attunement, the sacred self-discovery and inner change,

From Everyday Holiness: The Spiritual Path of Mussar by Alan Morinis The starting point from understanding Mussar is the verse in the Torah that tells us: "You shall be holy." The Torah here reveals in no uncertain terms what a human being's job description is. In essence, we are here on earth for no other purpose than to grow and blossom

gives lectures and workshops in Mussar thought and practice. His journey to discover the Mussar teachings is recorded in the book Climbing Jacob's Ladder (2002). His guide to Mussar practice, entitled Everyday Holiness: The Jewish Spiritual Path of Mussar, was published in 2007 and his Mussar handbook, Every Day, Holy Day, came out in 2010 . He

practice is to help you become a more whole and holy person. The path is simple (at least to describe): learn to be what is called in Yiddish a mensch, a deeply good and decent human being, and make that the foundation of your spiritual life. Even if you grew up in the Jewish world, chances are that you never heard the word